

## Does My Learning Train help pre-primary students develop skills for practical lessons?





### My Learning Train (MLT)





#### About the impact study

My Learning Train has been OUP India's best selling pre-primary course since it was first published in 2013. In order to better understand the courses' impact on its users, an impact study\* was conducted to evaluate and understand whether My Learning Train helps pre-primary students to develop skills for practical lessons.

In 2017, OUP India interviewed teachers who were using **My Learning Train** Level II titles in Delhi-NCR. The study comprised structured interviews with specific closed and open questions. Though Delhi-NCR is an A tier city, the study was indicative of PAN India approach since the spectrum of C+ to A+ category schools was explored here.

The findings and implications of this study were used for further revisions/recommendations.

\*An impact study is research that investigates a particular change an OUP product or service has on the group of people it is intended to help or benefit.

**Objective**: The overarching research question was **to understand** whether My Learning Train helps pre-primary students to develop skills for practical lessons.

Target participants: 20 teachers from 10 schools who were using My Learning Train to teach Level II classes.

**Methodology**: A survey questionnaire with closed and open questions was used to interview.

General physical growth and developmentLarge muscle control and coordinationFine muscle control and coordination	To inform the overarching research question, <b>three parameters</b> were explored:			
	growth and	•		

#### **Key findings**

The impact study found that **My Learning Train** helps preprimary students to develop skills for practical lessons.

Majority of participants agree that:



Physical activities during pre-primary phase strengthen the fundamental skills of agility, balance, coordination, and endurance in students. Developing these skills tremendously impact their confidence.

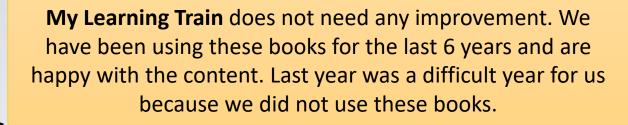
Children rely on large muscle control when they engage in everyday activities (e.g., jumping, running and being able to walk in a straight line) and during physical play.



Fine muscle control and coordination are achieved when children learn to use their smaller muscles, like muscles in the hands, fingers and wrist. Fine motor skills develop after gross motor skills and require more precision and coordination. Children use this skill when writing, holding small items, buttoning clothing, eating and cutting with scissors.

#### **Accolades from participants**

Flash cards provided in **My** Learning Train are helpful.



Activities in these books help in developing fine motor skills.

We used **My Learning Train** from 2015-17 and chose another publisher for 2017-18 in order to try a new product. We have now brought **My Learning Train** back because these books aid in all-round development of the children in the best possible manner.

This course combines creativity and academics. It really helps me in training my class 1 students.

#### Conclusion

Most of the teachers believe that **My Learning Train** is effective in aiding development of practical skills. This course includes activities like colouring, sketching, origami and circle time which are an important part of pre-primary years, and these helps in strengthening the fundamental skills of children and achieving fine muscle control and coordination.

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